THE PYRAMID OF SUCCESS John R. Wooden COMPETITIVE GREATNESS Success is peace of mind which is a Head Basketball Coach direct result of self-satisfaction in "When the going gets tough, UCLA knowing you did your best to become the tough get going." Be at your best when the best that you are capable of your best is needed. becoming. Real love of a hard battle. POISE CONFIDENCE Just being yourself. Respect without lear. Being at ease in any Confident not cocky. situation. May come from faith in Never fighting yourself. yourself in knowing that you are prepared. SKILL TEAM SPIRIT CONDITION A knowledge of and the An eagerness to sacrifice Mental - Moral - Physical ability to properly execute personal interests or glory Rest, exercise, and diet the fundamentals. for the welfare of all. must be considered. Moderation must be practiced. Be prepared. Cover every The ream comes first. detail. Dissipation must be eliminated. SELF-CONTROL ALERTHESS INITIATIVE INTENTNESS Emotions under control. Cultivate the ability to Ability to resist temp-Be observing constantly. Delicate adjustment be-Be quick to spot a make decisions and think tation and stay with your tween mind and body. weakness and correct it alone. course. Keep judgment and or use it as the case may Desire to excel. Concentrate on your common sense. werrant. objective and be determined to reach your goal. INDUSTRIOUSNESS FRIENDSHIP LOYALTY COOPERATION ENTHUSIASM There is no substitute for Comes from mutual To yourself and to With all levels of your Your heart must be in work. Worth while things esteem, respect, and all those dependent co-workers. Help others your work. come from hard work and devotion. upon you. Keep your and see the other side. Stimulate others. careful planning. A sincere liking for self-respect. all.